

SILENT MEDITATION RETREAT

May 14 - 16, 2010

Friday, May 14	Saturday, May 15	Sunday, May 16
<p>Welcome to Unity Village</p> <p>You bless us with your presence!</p> <p>This schedule will help you know what activities are planned during your retreat. Listed at the end of this schedule are some helpful tips. If you have any questions, please call Unity Reservations at ext. 3540.</p>	SILENT MEDITATION 6:30 - 7:30 AM (Unity Hotel)	SILENT MEDITATION 6:30 - 7:30 AM (Unity Hotel)
	BREAKFAST IN SILENCE (INN) 7:30 - 8:30 AM	BREAKFAST IN SILENCE (INN) 7:30 - 8:30 AM
	MORNING PROGRAMS (Unity Hotel)	PACKING & CHECK-OUT (Unity Hotel) 8:30 - 9:00 AM
	SILENT MEDITATION 9:00 - 10:00 AM	IN THE WORLD & NOT OF IT (Unity Hotel) Dr. Marj Britt & Rev. Paul Tyman 9:00 - 10:15 AM
	THE FOUR MOVEMENTS OF SPIRIT IN THE SILENCE (Unity Hotel) Dr. Marj Britt & Rev. Paul Tyman 10:15 - 11:45 AM	UNITY VILLAGE CHAPEL SERVICE WITH REV. ROB ROBINSON or SILENT UNITY CHAPEL TRADITIONAL SERVICE 10:30 AM - NOON
	COMMUNAL LUNCH IN SILENCE (INN) Noon - 1:00 PM	LUNCH & SOUL CONNECTIONS (INN) Noon - 1:00 PM
	AFTERNOON PROGRAM (Unity Hotel) PERSONAL REFLECTION AND SACRED SOLITUDE TIME IN THE SILENCE 1:00 - 3:00 PM Options during this time include: Private Interviews Massage Labyrinth	<p>Spirit Path Retreat Team Patricia McNinch, LUT Spirit Path Partners Rev. Dr. Marj Britt Rev. Paul Tyman</p> <p>Helpful Tips</p> <ul style="list-style-type: none"> ◆ Please wear your nametag at all times during the retreat. Your nametag serves as your admission to all events and is also your meal ticket if you have purchased a meal package. ◆ In case of emergency, call ext. 2222. ◆ Please check out of your rooms by 11:00am on Sunday. A later check-out can be requested, but if it is not possible, your bags can be checked until your departure. ◆ The Peace Chapel is open around-the-clock for personal prayer and meditation. You can also dial 0 on any Unity Village phone and ask to be connected with the Silent Unity Telephone Prayer Ministry for prayer. ◆ WIFI Internet access is available in the Unity Bookstore & Coffeeshop, Fellowship Lounge, the motel rooms, within the Spiritual Life Center, and in the Library. ◆ Unity Village Coffee Shop & Bookstore hours: TBD ◆ Unity Library hours: TBD ◆ Unity Village is a wildlife preserve; please take precautions when walking on trails and going into wooded areas. A suggestion is to program the Unity phone number (816-524-3550) into your cell phone and carry it with you.
CHECK-IN AND WELCOME (Unity Hotel Lobby) 3:00 - 5:00 PM	SILENT MEDITATION 3:00 - 4:00 PM	
ORIENTATION (Unity Hotel) 5:00 - 5:30 PM	STAGES & STATES IN SILENCE 4:15 - 5:15 PM	
DINNER (INN) 5:30 - 6:30 PM	COMMUNAL DINNER IN SILENCE (INN) 5:30 - 6:30 PM	
EVENING PROGRAM (Unity Hotel)	EVENING PROGRAM (Unity Hotel)	
EMBRACING SACRED SPACE: A JOURNEY OF THE SOUL ENTERING THE SILENCE (Unity Hotel) Dr. Marj Britt & Rev. Paul Tyman 7:00 - 9:00 PM	QUESTIONS & ANSWERS or OPTIONAL SILENT MEDITATION (Unity Hotel) Dr. Marj Britt & Rev. Paul Tyman 7:00 - 9:00 PM	

(INN) = Unity Inn
(Unity Hotel) = Unity Hotel & Conference Center Main Conference Room