



Silent Unity

Prayer Service

April 2010

It is not I, but the Christ within who does the work.

As we enter into prayer, let us take a few moments to breathe, relax and prepare for this precious time. This is a gift you are giving yourself — a gift that will bring a newness to your day. Open your heart and mind to new ideas, new directions and solutions. This is a time to come apart for awhile to commune with God. Relax and discover the freshness of this new day, in the Silence ... ≈

Divine love and grace fill me with peace.

I move through life with ease and grace. Divine love enfolds me, and I am filled with peace. There is a heightened awareness within me as I open my heart and mind to Divine love. My heart is filled with gratitude as I become aware of being loved and loving. I deeply appreciate life, and this appreciation fills my soul as I rest in the Silence ... ≈

The Christ light within guides my every step.

I am awake and aware of the Christ light within me. I choose to express the Christ as I allow my inner light to shine forth. The light of God surrounds me as I see the Christ in each person I meet. I am guided as I turn within to discern what is mine to do. I listen to the still small voice of infinite wisdom in the Silence ... ≈

Vitality radiates through every cell of my body.

Life is active and vital within and around me. I see new life emerging in nature. I feel that same newness and vitality radiating in each cell of my body. I choose a healthy, happy life as I allow new habits to replace any that are not in the flow of a balanced, health-filled life. I find my inspiration and direction in the Silence ... ≈

I prosper as I live a life of purpose.

My mind and heart are open to the boundless goodness of God. I embrace prosperity as I find new ways to live a life of purpose, a life lived from the inside-out. God's good is my good, and with God all things are possible. There is a mighty stream of good flowing into my life. In the Silence I relax, I am still, I am clear and I claim my good ... ≈

A new day dawns as we awaken to our Christ consciousness.

As spring injects the world with color and the wonder of nature's glorious renewal, I, too, awaken to a new day. I open to the oneness of all life and envision world peace in the Silence ... ≈

We come to the close of this peaceful time of prayer. This time is sacred and profound. We have shifted in known and unknown ways. We breathe deeply and fully now as we allow the goodness we have found here to remind us of the wonder of life within and around us. And so it is. Amen.

Let us conclude by praying together the "Prayer for Protection."

**The light of God surrounds us;
The love of God enfolds us;
The power of God protects us;
The presence of God watches over us.
Wherever we are, God is!**

For loving prayer support night or day, call or write:

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1-800-669-7729
1-816-969-2000
1901 NW Blue Parkway
Unity Village, MO 64065-0001
www.silentunity.org

Note: ≈ indicates a pause.

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