

SPD 501 Prayer & Meditation 2 cr hrs/3 units
M W 10.30 am - 12 pm Fall 2010

Instructor Name	Robert Brumet MS
Office Hours	TBA
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Prerequisites	No course prerequisites. Basic knowledge of Unity principles is assumed.
Required Texts	<ul style="list-style-type: none"> • Foulks, Frances. <i>Effectual Prayer</i>, 3rd ed. Unity Village MO: Unity Books, 2002. • Fillmore, Charles, and Cora. <i>Teach Us to Pray</i>. Kansas City: MO, Unity School of Christianity, 1949. • Butterworth, Eric. <i>Discover the Power Within You</i>. New York: Harper & Row, 1968. • Cady, H. Emily. <i>Lessons in Truth</i>. Unity Village; MO, Unity.
Recommended Reading	Shanklin, Imelda. <i>What Are You?</i> Unity Village; MO: Unity Books, 1978.

Course Description

The goal of this course is for each student to understand and be able to apply the principles and practices of prayer that are essential for effective ministry. The primary focus is on the Unity method of prayer and meditation and its application in church ministry. A brief introduction to the theory and practice of spiritual direction, as would apply in a Unity ministry, is included in this course.

Learning Objectives

Upon completion of this course, students will be able to:

1. Articulate Unity's process of prayer and meditation.
2. Effectively apply prayer practices for various ministerial functions within a Unity ministry.
3. Develop a personal prayer and meditation practice and apply it within their own life experience.

The above objectives partially fulfill the following outcomes for the M Div, Master of Arts, and Certificate Program: MD-1 Perform Pastoral Care functions, MD-3 Create and maintain a personal spiritual practice and MA-3 Participate in regular prayer and meditation.