

**MAS 501 Pastoral Counseling I 2 Cr / 3 CEU  
M W 10.30- 12.00 pm Spring 2011**

<b>Instructor Name</b>	Robert Brumet MS
<b>Office Hours</b>	M W 9.30-10.30am; M T Th 2.30-3.30pm; and by appointment.
<b>Telephone</b>	Office: 816 524 3550 x2440 Cell phone: 816 853 5721
<b>E-Mail</b>	BrumetRJ@unityonline.org
<b>Prerequisites</b>	None. Basic knowledge of Unity principles is assumed for this course.
<b>Required Texts</b>	Howard Clinebell, <i>Basic Type of Pastoral Care and Counseling: Resources for the Ministry of Healing and Growth</i> . Nashville TN: Abingdon, 1984. (This text is also used in MAS 506)  Gerald Corey. <i>Theory of Counseling and Psychotherapy</i> . (7th ed.) Belmont CA: Wadsworth, 2004.*  Eugene Pascal. <i>Jung to Live By: A Guide to the Practical Application of Jungian Principles in Everyday Life</i> . New York: Warner Books, 1992  Sanford, John. <i>The Kingdom Within: The Inner Meaning of Jesus Sayings</i> . New York: Paulist Press, 1970.
<b>Recommended Reading</b> (On Library Reserve)	Sam Menahem. <i>When Therapy Isn't Enough: The Healing Power of Prayer &amp; Psychotherapy</i> . Winfield IL: Relaxed Books, 1995.

(\* **A note on the Corey text:** Various editions of this text have different chapter numbers for the same topic. Please read the chapter which relates to the appropriate topic, even if the chapter numbers do not agree with the syllabus.)

**Course Description**

This course explores the spiritual and psychological dimensions of pastoral counseling in a Unity ministry. We study Unity's theological perspective on counseling, as well as various psychological counseling models. Integration of psychological theory with spiritual principles is emphasized.

**Learning Objectives**

Upon completion of this course, students will be able to:

1. Explain the basic differences between spiritual counseling and psychological counseling.
2. Describe a variety of psychological counseling methods.
3. Compare and integrate the spiritual and psychological counseling methods.

The above objectives partially fulfill the following outcomes for the Master of Divinity and Certificate programs: 1. Provide spiritual counsel, establish rapport, and communicate empathy.  
2. Perform pastoral care functions.

### Tentative Assignments:

1. Read assigned material and participate in classroom discussion as appropriate.
2. Complete two in-class exams (5/04 & 6/01) covering topics studied in this course.
3. Complete one take-home exam covering topics studied in this course. Due 6/031.

### Grading

Assignment	Possible Points	Meets Learning Objective
Quiz # 1	75	1, 2
Quiz # 2	50	1, 2
Take-Home Exam	100	1, 3
Class Participation	75	1, 2, 3