

Scope & Sequence

Uniteen Life Issues Series

(7 or 8 lessons/book)

Self-Image, Relationships, Fair Play, Choices and Consequences, Bring On the Basics!, Navigating Thru Change, Make a Difference

| Book | Themes | Story or Experience |
|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Self-Image | <ol style="list-style-type: none"> 1. Teens explore how they think and feel about themselves. 2. Teens realize they choose their perceptions. 3. Teens explore how they react to negative situations and other ways to respond. 4. Teens explore how external influences of media influence their self-image. 5. Teens explore group influence and how they can remain an individual within the group. 6. Teens explore the influence their family has on them. 7. Teens look at the power of subconscious thoughts and the power of choice they have about these. 8. Teens explore strategies for dealing with mistakes/failure. | <p>"I Am" visualization</p> <p>"What Really Happened" role play</p> <p>"Who Said There's No Crying in Softball?" <i>Chicken Soup for the Preteen Soul</i>, p. 180</p> <p>"The Perfect Figure" <i>Chicken Soup for the Preteen Soul</i>, p. 287</p> <p>"The Moment I Knew I'd Never Be Cool" <i>Chicken Soup for the Preteen Soul</i>, p. 338</p> <p>"I Flushed It" <i>Chicken Soup for the Preteen Soul</i>, p. 91</p> <p>Exploration Activity: "Physical and Emotional Processes We're Not Aware Of"</p> <p><i>Oh the Places You'll Go!</i> By Dr. Seuss or excerpts in <i>Self-Image</i>, p. 46</p> |
| Relationships | <ol style="list-style-type: none"> 1. Teens explore how relationships grow and change with friends and with God. 2. Teens examine the effects of loss of personal integrity. 3. Teens examine issues of inclusion/exclusion related to teen groups. 4. Teens explore feelings created by broken promises and how understanding and forgiveness can bring healing. 5. Teens explore feelings of being left out and learn they can take disappointments to God in prayer. 6. Teens discover options they have when feeling left out and consider how to choose wisely. 7. Teens experience relationship between inner guidance and living with parents. | <p>"My Best Friend" <i>Chicken Soup for the Preteen Soul</i>, p. 317</p> <p>Bible story - A father and his two sons, Matthew 21:28-31</p> <p>"Kyra and the Clique" role play, p. 13 in curriculum</p> <p>"Jared's Big Game" p. 21 in curriculum</p> <p>"Where Is Everybody?" p. 29 in curriculum</p> <p>Exploration activity "Wheel of Choices"</p> <p>Bible story - Jesus teaching at the temple, Luke 2:41-51</p> |

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| Fair Play | 1. Teens explore how preconceived ideas shape their thoughts and actions. | Exploration Activity "Blind Polygon Formations" | Bible story - Jesus speaking, John 7:25-29 |
| | 2. Teens explore prejudices and discriminations and practice forgiveness. | Story Experience: "Stars and Non-Stars" p. 11 in curriculum | <i>The Sneetches</i> by Dr. Seuss or "The Good Samaritan, Luke 10:25-37 |
| | 3. Teens explore what a belief is and how they affect their life. | "My Best Enemy," <i>Chicken Soup for the Preteen Soul</i> , p. 49 | Bible story - Jesus heals, Mark 9:14-27 |
| | 4. Teens explore group connection, group power and individual power in a group. | Bible story - Jesus or Barabbas? Matthew 27:15-23 | "Our Gang" p. 29 in curriculum |
| | 5. Teens examine the power of their words. | "Sticks and Stones," <i>More Taste Berries for Teens</i> , p. 68 | Bible story - What makes one unclean, Matthew 15:10-20 |
| | 6. Teens explore self trust and trust of friends. | Bible story - Jesus walks on the water, Matthew 14:22-23 | "Bobby Lee," <i>Chicken Soup for the Preteen Soul</i> , p. 104 |
| | 7. Teens consider the value of giving and receiving service. | Bible story - What you do for others, you do for me, Matthew 25:34-40 | "Shining Down," <i>Chicken Soup for the Preteen Soul</i> , p. 33 |
| Choices and Consequences | 1. Teens examine their behaviors to see how they fit into their world. | "Pretending Impostor," <i>More Taste Berries™ for Teens</i> , p. 220 | "Mirror, Mirror" <i>More Taste Berries™ for Teens</i> , p. 97 |
| | 2. Teens explore how their attitudes and behaviors create their life. | "The White Lie," <i>More Taste Berries™ for Teens</i> , p. 119 | Bible story - Who do you say that I am?, Matthew 16:13-18 |
| | 3. Teens explore how they express themselves. | "A Change of Heart," <i>More Taste Berries™ for Teens</i> , p. 117 | Bible passage - When I was a Child, 1 Corinthians 13:11-13 |
| | 4. Teens consider how their choices benefit or hurt them. | "The 'Third Column'," <i>More Taste Berries™ for Teens</i> , p. 295 | Bible Story - Man by the Pool in Bethzatha, John 5:2-9a |
| | 5. Teens explore the benefits of risk taking. | "Parable of the Talents" Skit, script in leader's guide, p. 38 | "Two Tickets to the Big Game," <i>More Taste Berries™ for Teens</i> , p. 221 |
| | 6. Teens explore the outcomes of risk-taking choices. | Bible story - Judas, the Betrayer, Selected verses in Matthew 26, Luke 22 | "Yours for the Asking," <i>More Taste Berries™ for Teens</i> , p. 254 |
| | 7. Teens explore ways they receive inner guidance. | Bible story - What you pray, go into your room and close the door., Matthew 6:5-8 | Storybook, <i>Frederick</i> , by Leo Lionni |

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| Bring On the Basics! | 1. To understand how Unity's beliefs can help me in my life. | House Built on a Rock; Matthew 7:24-27 | "Overcoming Obstacles," <i>Chicken Soup for the Preteen Soul</i> , p.189 |
| | 2. To explore the nature of God as my spiritual resource. | Ask, Search, Knock; Matthew 7:7-11 | "I Am There," James Dillet Freeman, www.unityonline.org/jdf/lamthere.html |
| | 3. To increase awareness of the Christ-self. | Christ in You, Your Hope of Glory; Colossians 1:25-27 | "Adam's Apples," <i>Chicken Soup for the Preteen Soul</i> , pp. 178-179 |
| | 4. To explore how choices help us create the reality we want. | Mustard Seed; Matthew 13:31-32 and 17:14-20 | Michael Jordan: A Success Story |
| | 5. To explore how to connect with the inner Christ thru prayer, meditation, and affirmations. | Ask and It Will Be Given to You; John 15:5,7 | Prayer for Protection |
| | 6. To explore ways to use our spiritual beliefs in our day-to-day lives. | Go Into the World; Mark 16:15,20 | Create group goal. |
| | 7. To understand how to use Unity's beliefs to change my life. | The Father and I Are One; John 17:20-23 | Implement service project from previous week. |

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| Navigating Thru Change | 1. To explore how to welcome change. | "The First Day of Middle School," <i>Chicken Soup for the Preteen Soul</i> , p. 195 | The Israelites' Travel Troubles; Exodus 14:10-14, 16:1-5, 17:1-6 |
| | 2. To explore my responses when changes leave me feeling left out. | The Prodigal Son, Luke 15:11-32 | "Mom," <i>Chicken Soup for the Preteen Soul</i> , p. 99 |
| | 3. To understand the choices we have when we are misunderstood or criticized. | A Woman Anoints Jesus; Mark 14:3-9 | "Taking a Stand," <i>Chicken Soup for the Preteen Soul</i> , p. 306 |
| | 4. To explore how we can respond to feelings of loss. | "I Love You, Lindsey," <i>Chicken Soup for the Preteen Soul</i> , p. 315 | Lot's Wife Could Not Let Go; Genesis 19:12-26 |
| | 5. To explore our responses to changing family situations. | "Loving Equally," <i>Chicken Soup for the Preteen Soul</i> , p. 310 | Ruth and Naomi; Ruth 1-4 |
| | 6. To explore our ability to change enough to accept and trust others. | Saul's Conversion, Acts 9:1-25 | "A Silent Voice," <i>Chicken Soup for the Preteen Soul</i> , p. 254 |
| | 7. To explore how we can strengthen our personal support system. | Jesus Chooses His Apostles; Mark 1:16-20, 3:13-19 | "The Forgotten Friend," <i>Chicken Soup for the Preteen Soul</i> , p. 40 |
| | 8. To relate choices and consequences to our lives. | "Just Do It!," <i>Chicken Soup for Preteen Soul</i> , p. 313 | Peter Walks on Water; Matthew 14:22-32 |

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| Make a Difference | 1. To discover that we have a voice in making a difference. | David and Goliath; 1 Samuel 17:1-11, 17:16-29 | "Shining Down," <i>Chicken Soup for the Preteen Soul</i> , pp. 33-35 |
| | 2. To explore how to step beyond our fears to make a difference. | David and Goliath; 1 Samuel 17:32-40 | "Trash Bags Are for Trash," <i>Chicken Soup for the Preteen Soul</i> , pp. 6-10 |
| | 3. To explore our views on diversity and how we apply them. | The Good Samaritan; Luke 10:30-37 (adapted) | "Big at Heart," <i>Chicken Soup for the Preteen Soul</i> , pp. 160-162 |
| | 4. To understand how our words and actions can contribute to peace or conflict. | Casting the First Stone; John 8:2-9 | <i>The Butter Battle Book</i> , Dr. Seuss |
| | 5. To explore how we can give service to others as an individual. | "Going to the Dogs," <i>Chicken Soup for the Preteen Soul</i> , pp. 21-24 | Loaves and Fishes; Mark 6:34-44 |
| | 6. To understand how our actions affect the web of life. | The Creation Story; Genesis 1:2-31 (paraphrased) | <i>The Lorax</i> , Dr. Seuss |
| | 7. To create and carry out a service to our church as a group. | Serving Others; Mark 10:42-45 | Implement service project from Primary Lesson 7 |