

WORLD HEALING DAY

DECEMBER 31ST

PLANETARY COMMISSION MEDITATION

WORLD HEALING MEDITATION

SERMONETTE

Unity students joining with and taking its inspiration from the greatest spiritual teacher of the ages, declares that there is a fundamental, invisible reality in the universe, which is Spirit, and it is the cause of all things. Spirit is characterized by wholeness, balance, and harmony, and since it is the essence of all creation its qualities . . . wholeness, balance, and harmony are to be found at the heart of all circumstances. Those qualities . . . which are the Truth of all circumstances are now present, and our task is to demonstrate their reality by revealing them.

How do we reveal them? By giving attention to them! Unity recognizes that whatever we consistently give our attention to —whatever we regularly think about and have feelings about —is brought into our experience by the creative intelligence of Spirit. This occurs as a result of the operation of the great universal law of cause and effect. When we learn that this law exists and that it brings to us what we give attention to, then we understand what happens when we focus on fear, anger, and conflict, and what happens when we focus on wholeness, balance, and harmony. We recognize that we have the power to experience either apparent reality or ultimate reality.

We must, each one start seeing the world in a new way. We must have the clarity and the courage to put our attention on peace, not just today, not on vague hopes for peace in the future but on the reality of peace in the present! Doing this is not easy and we shall probably need to make extraordinary changes in our way of looking at life, but they can be made and we can begin right now to make them. We must also remember that this is not a process of self-delusion. Actually, it may be the most realistic thing we ever undertake, for we are calling upon the eternal principles of life itself.

As the Creative Intelligence of Spirit begins giving specific form to our recognition of peace, we will become aware of what particular actions we take in the everyday world to bring about peace. We will discover what special contributions we can make. but the recognition in our own minds of peace, of reality, is the crucial beginning.

Friends, as this new year gets underway, we can determine to recognize what is real. Looking beyond appearances, we can become aware of Truth. Seeing beyond injury, anger, conflict, and war, we can fill our attention with an awareness of peace, of reality. We can spend a few minutes every day making this our recognition:

“Spirit is peace, the Truth of life, we recognize peace in the heart of all events, including those in my daily experience. Regardless of appearances to the contrary, We recognize

peace everywhere, in everything.”

As we become aware of what is true, we make a powerful contribution to the well being of our world.

Peace on earth, a reality now! Yes!!!

SING: “A New Age Vision” page 227

LIGHTING OF THE 18 CANDLES

Friends, there are 18 blue candles, around the Christ candle. The Christ candle represents the universal Christ Light. The blue candles are as spokes in a wheel. These candles represent countries or areas of the world. Here in the silence, we behold this light of the whole spirit of God . . . and we draw our light from its flame. With unconditional love, we feel its radiance quicken and illumine the light that shines within the hearts of all God’s children in Australia, New Zealand, Great Britain.

SILENCE

Blessed by the power of God’s Light, we now feel the flame of Truth illumining and blessing God’s children in the Caribbean Islands, and Canada.

SILENCE

“I am the light of the world,” the presence of God within us now reveals and this light stirs once again in its expanding glow as it lights the flame of peace that shines in the hearts of all God’s children in Japan and China, Southeast Asia and the countries of the Far East.

SILENCE

Once again the radiating presence of God acknowledges the light that shines in the minds and hearts of all God’s children in Germany and France and Northern Europe and the Soviet Union.

SILENCE

We are aware once again of the movement of the Holy Spirit, as the Light of Infinite Love now illumines and blesses all of God’s children in the Islands of the Pacific, Italy and Southern Europe and the Middle East.

SILENCE

And the light of God now illumines the minds and hearts of God’s children in Central and South America, and all of Africa.

SILENCE

Easily and joyously we become aware of the Spirit of God illumining all of God's children in the United States of America, all the World, and Outer Space.

SILENCE

And the light of God now illumines the light of all peacemakers upon our planet, acknowledging their work, regardless of the name they use to honor their Creator. In our minds eye we now visualize our Mother Earth . . . radiant with light from within a star in the heavens of our universe . . . and we perceive the light of the Holy Spirit, guiding the unfolding expression of peace upon our planet.

All faiths, all light-bearers, all who seek to express love to one another . . . the Holy Spirit blesses them. And we feel the expansion of light to illumine all the world . . . all the universe . . . as we affirm within the depths of our own hearts let there be peace on earth . . . and let it begin with me.

SING: "Alleluia" page 30

_____ (helper's name) and I light the Isle candles.

AFFIRM . . . Through Christ in me, I AM the light of the world, I let my light shine for peace.

Hold your candle, which represents the light of Christ within you and it's light can never be extinguished . . . we meditate on the idea, on peace, we consecrate ourselves to peace. . .

AFFIRM AGAIN. . . Through Christ in me, I AM the light of the world, I let my light shine for peace."

CLOSE . . . JOIN HANDS AND SING . . . "Let There Be Peace On Earth" page 3