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SPIRITUAL COMMUNION

MINISTER: Has the Lord's Supper a place in the true church of Christ? Does Unity observe it? If so, how?

CONGREGATION: Yes, the Lord's Supper has a place in the church of Christ. Unity observes it in Spirit, and not in the letter or form. It is the Spirit that gives life and understanding.

MINISTER: To what extent are symbols useful? Is there a time when we may discontinue the use of them?

CONGREGATION: Symbols are useful to the extent that they serve to point man to the realities for which they stand. When understanding and realization of Truth is attained, the symbol may be dropped.

MINISTER: Of what is the Lord's Supper a symbol?

CONGREGATION: Bread represents the substance of spirit (the body of Christ) Wine represents the life of spirit (the blood of Christ)

MINISTER; How are we saved by the blood of Jesus?

CONGREGATION: By accepting the life of Christ as our own. The blood of Jesus is His life. He came to bring to the race the knowledge of the abundant, omnipresent life. "I came that they may have life, and may have it abundantly.:

MINISTER: What explanation did Paul give to the Corinthians why many among them were weak, sickly, or asleep or dead?

CONGREGATION: He told them that because they did not realize the presence of the ever-living Christ within them, many among them were weak, sickly, and asleep or dead. They were looking toward the outer symbols of substance and life instead of the Spirit and Truth that they represent.

MINISTER; How did Jesus say that we should worship God?

CONGREGATION: "God is Spirit; and they that worship him must worship in Spirit and Truth.". The Lord's Supper is a form of Spiritual worship and must be spiritually understood.

MINISTER: How may we discern the Lord's body? How do we "eat" His body and "drink" His blood?

CONGREGATION: We discern the Lord's body by recognizing that it is substance and that it is within us. We "eat the body of Christ (substance) and "drink" His blood (life) by affirming the Omnipresence of substance and life and claiming union with them. This is the true sacrament, and our bodies are vitalized and renewed when this whole sacrament is partaken of.

MINISTER: How may we prepare ourselves for communion with our Lord?

CONGREGATION; We may prepare ourselves by affirming deeply with realization: My heart is right with God; my mind is lifted up and quickened by the Holy Spirit. All praise to God the Most High!

MINISTER: “And ...he took bread, and when he had blessed it, he brake it, and gave to them and said, “Take ye: this is my body.”

CONGREGATION: (Affirm Softly) I now partake of spiritual substance as I meditate upon Christ the word of God within my heart and mind. I now realize that the Christ body is being formed in my consciousness. I am radiant, living substance. Every cell of my body is alive and alight with the glory of the Lord.

MINISTER: “And he took a cup, and when he had given thanks, he gave to them: And they all drank of it. And he said unto them. ‘This is my blood of the covenant, which is poured out for many.

CONGREGATION: (Affirm Softly) I now drink of the life of Christ as I meditate upon the spirit and Truth of His works within my heart and mind, and I feel the creative power of the life more abundant. I am the Christ, the Son of the Living God. I AM THAT I AM.

TOGETHER: We consecrate ourselves through recognizing our purpose to bear witness to the Truth only; to speak Truth, to hear Truth, to see Truth to the best of our understanding and ability. In this way only can we do the healing work of the Christ dwelling in us.