

# Power of Prosperity x 12

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## *Prosperity's Ten Commandments*

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### Fourth Commandment

"Thou shalt let go and let God do it."

The 4<sup>th</sup> commandment says "Remember the Sabbath day, to keep it holy." To understand this better we have to understand the word Sabbath. The Webster dictionary says it is, "a time of rest or repose; intermission of effort." Sabbath is a time to cease doing, a time to relax and gather strength and power for the next cycle of activity; a time to quietly rely completely on God. It is the perfect time to exercise faith. It is a time to let go and "let God do it."

Jesus modeled this commandment by going apart to pray before an intense activity of teaching and healing, and then going apart again for a time of prayer and rest. This was his time to connect to his Father, God.

When we are having difficulty in demonstrating or manifesting prosperity it is because the personal self, ego, insists on doing it all. This does not leave room for God to work. It is only in that quiet time that we can hear and understand the still small voice that gives us the answer. In Lowell Fillmore's poem, "The Answer," he says, "And I had knocked and asked and knocked and asked again. And all my fervor and persistence brought no hope, I paused to give my weary brain a rest and ceased my anxious human cry. In that still moment, after self had tried and failed, there came a glorious vision of God's power, and, lo, my prayer was answered in that hour."

Charles Fillmore at 94 said, "I fairly sizzle with zeal and enthusiasm and spring forth with a mighty faith to do that which ought to be done by me." He is affirming here to do only what ought to be done by him.

It is necessary to gain a feeling of partnership with God. That way we can be open to knowing that we don't have to do it all. We never know exactly the channels in which God will use us. Every person who contacts your life is a potential instrument of God's action in manifesting your good.

So let go of any idea that you are in control or that you have to do or know it all. Just remember that God is in charge and God is our source.

### **What the Bible says:**

"Rest assured, do not be afraid; your God and the God of your father must have put treasure in your sacks for you..." Gen 43:23

"Blessed be the Lord who has given rest to his people Israel, according to all that he promised; not one word has failed of all his good promise, which he uttered by Moses his servant." Kin 8:56

"So then, there remains a Sabbath rest for the people of God; for whoever enters God's rest also ceases from his labors as God did from his. Let us therefore strive to enter that rest, that no one fall by the same sort of disobedience. For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart. " Hebrews 4:9-12

### **What Unity says:**

"Let me see how plain I can make this. First we withdraw ourselves bodily and mentally from the outside world. Then be still, absolutely still. Relax every part of your being and believe that it is being done. The divine substance flows in at the center and out into the visible world every moment you wait...." *Lessons in Truth* by H. Emily Cady

"Do not try to do too much; leave something for God to do." *How to Let God Help You* by Myrtle Fillmore

"The true Sabbath is that state of spiritual attainment where man ceases from all personal effort and all belief in his own work, and rests in the consciousness that 'The Father abiding in me doeth his works.'" *The Revealing Word* by Charles Fillmore, quoting from John 14:10

"The Lord will bring good to pass in ways that you may least expect, when you let go and rest in the assurance that the Divine Law is working." *How to Let God Help You* by Myrtle Fillmore

### **Practices**

- Georgiana gives us a four step formula for demonstration, and we added one. Spend time with this formula, taking it deep into your being. Try one step a day:
  1. "Have faith in Omnipresence with this affirmation: You created me and You sustain me and You can handle my affairs.
  2. "Have faith in God's good will for you. Affirm: I accept this desired good. I am alert and receptive to all that you would have me do in bringing it to pass.
  3. "Think, speak, and act in accordance with your desire, and do whatever you feel guided to do in the realm of the outer to bring it to pass.
  4. "Rest from the idea of demonstration you wish to make. Keep your mind busy with something else that is constructive, creative, or recreational in nature."

5. Become grateful. Gratitude is the quickest way to eliminate blocks to manifestation. Do this by taking on the feelings of what it will be like when your desires are complete. Know and be thankful that God is our source. As you work through this process, keep your journal nearby. Make notes on what comes up for you in each step. Ask God to give you rest and clarity on what is yours to do.

- Plan a day or half day of Sabbath rest from the media. Put away all electronic devices: your cell phone, your computer, electronic games, movies, television, and so on. Go away from your home, if you can. In our over-stimulated world, we never have the chance to just be. Plan outdoor recreation, fellowship with others, quiet reading, journaling, or prayer—whatever takes you away from the constant stimulus of the electronic world and into experience of God and loved ones. What is the experience like for you? Write about it during or after your Sabbath time. Was it difficult, easy, joyful, anxious? Affirm that God is in charge and allow your feelings to be whatever they are.
- Discuss with your triad the entries in your journal. Ask for prayer support. And be willing to do the same for them.